

ADA MEMBER BENEFITS

As a member of ADA, you can take advantage of a variety of programs, products, and resources:

INFORMATION – Scientific and practical information you need for continued career success

- **Keep current with ADA’s Member-Only Web site.** Features include the online version of the *Journal of the American Dietetic Association*, an online education center where you can earn continuing professional education credit, and news about the Association’s strategic actions. The Web site offers a variety of other valuable resources including links to affiliate dietetic associations and dietetic practice groups.
 - To access the ADA Member-Only Web site, go to www.eatright.org and enter your member ID number.
- ***Journal of the American Dietetic Association*** - Locate your favorite articles in the *Journal of the American Dietetic Association* with at a glance color-coded Practice Applications, Research, and Association News sections. Also visit the *Journal* online for 13 years of searchable back issues. Members also enjoy up to 4 FREE CPE hours in each issue of the *Journal*.
 - Log on to the ADA member-only Web site and click Journal/Publications on the left hand side or access directly at www.adajournal.org
- ***ADA Daily News*** - Receive daily (Monday thru Friday) e-mail briefing of the nation’s leading print and electronic news sources for important food, nutrition, and health news.
 - The current issue and archived issues are available on the ADA member-only Web site, along with information on subscribing. Go to Journal/Publications on the left hand side or access directly at http://www.eatright.org/Member/index_8686.cfm.
- **Enhance your client referral base with the Nationwide Nutrition Network (NNN),** Available at no charge to Active category members. You do not need to be in private practice to participate. Represent your own practice, a group practice, or your employer in ADA’s referral service for dietetics professionals.
 - To sign up, fax or mail the application (which is available on the ADA Member-Only Web site at http://www.eatright.org/Member/index_11395.cfm.) to ADA Membership Services, 120 South Riverside Plaza, Suite 2000, Chicago IL, 60605, or fax; 312-899-4812.
- **Scientific Summaries** - Access through the member-only Web site to ADA’s Scientific Summaries addressing the “hot” research studies in the five priority emerging areas: Obesity/Overweight, Aging, Complementary Care and Dietary Supplements, Food Supply, Human Genome and Genetics
 - Log on to the ADA member-only Web site, click on Food and Nutrition Information on the top panel and click Scientific Summaries on the left hand side or access directly at http://www.eatright.org/Member/8474_11009.cfm
- ***ADA Times*** - Delivered right to your mailbox, this bi-monthly newsletter emphasizes breaking food and nutrition news, hot topics in nutrition, practice tips, public policy issues, Association news and events, professional and personal growth, legal and financial issues, and career development.
 - The current issue is available online on the ADA Member-only Web site under Journal/Publications and *ADA Times*, or directly at http://www.eatright.org/Member/index_18783.cfm

- Access to PubMed - A service of the National Library of Medicine, PubMed provides access to more than 11 million citations from Med-Line and additional life science journals.

From ADA's Member-Only Web site, click on Member Benefits link on the left or access PubMed directly at <http://www.ncbi.nlm.nih.gov/entrez/query.fcgi>

- **Member Service Center** – For your routine questions, dues payments, or to place catalog orders, the ADA Member Service Center provides streamlined communications, via a live voice answering the ADA telephones. Call 800-877-1600, ext. 5000, from 8:00 am to 5:00 pm Central Time.
- To access the Online Business Center, go to the Member-Only Web site, click on Profile/Pay Dues and enter your member ID and Web only Password, which was provided with your membership renewal card or directly at <https://secure.eatright.org/CGI-BIN/LANSAWEB?PROCFUN+PRWEB01+PR1FN01+PRD+ENG>
- **Evidence Analysis Library** - A synthesis of the best nutritional research including conclusion statements, evidence summaries, and analytic summaries of research articles across nutritionally relevant disease states into an accessible, online, user-friendly library. The ADA's nationally recognized evidence analysis process ensures that only the highest quality, most relevant research is included. Expert panels of practitioners and researchers identify critical clinical questions and highly trained evidence analysts distill the technical information into readable summaries. Member-only site: Click on the Research link at left; click on link to Evidence Analysis Library or directly at <http://www.adaevidencelibrary.org/>
- **CEO Digest:** ADA's chief executive officer, Ronald S. Moen, has developed this monthly electronic newsletter to keep members well informed about ADA news and Association activities. To view back issues of this electronic publication go to http://www.eatright.org/Member/index_17401.cfm
- **Grassroots Times:** A monthly electronic bulletin focusing on grassroots activities and techniques, offering insights on the larger processes in which volunteers participate and highlighting opportunities and resources to be used in networking.
 - The current issue is available on the ADA Member-Only Web site under the Policy Initiatives and Advocacy Tab. Click on Grassroots, and Advocacy Tools or access directly at http://www.eatright.org/Member/83_13029.cfm If you would like to subscribe, send an e-mail to Grassroots @ eatright.org
- **On the Pulse:** A weekly online newsletter includes topics that reflect ADA's legislative and regulatory priorities in Washington, D.C. and the states, as well as reimbursement, science, and practice-related matters.
 - To receive *On the Pulse* to your e-mail box, from the ADA Member-Only Web site, click Online Discussions or subscribe directly at http://www.eatright.org/Member/index_pulse.cfm

REPRESENTATION – Your voice in Washington, the media and industry policy debates

- **Policy and Advocacy** - Benefit from the efforts of the ADA's Health Care Financing Team, which advocates on behalf of members to managed care organizations, private insurers and self-insured employers, as well as the ADA Political Action Committee (ADAPAC), one of the top health care PACs. Also members build their own advocacy skills by attending the annual Public Policy Workshop, which focuses on key legislative and regulatory issues affecting the profession.

- To access the above information, go to the ADA Member-Only Web site and click on Policy Initiatives and Advocacy on the top or go directly at <http://www.eatright.org/Member/PolicyInitiatives/83.cfm>
- **Public Education Campaigns** - Reap the rewards of public campaigns like National Nutrition Month[®] that educate consumers and other health care professionals about nutrition and the ADA member's role as a dietetics professional. In addition, the ADA's network of spokespeople throughout the country responds to media questions on a variety of topics.
 - To access National Nutrition Month[®] information, go to the ADA Member-Only Web site and click on Food and Nutrition Information at the top, and choose Resources or go directly to http://www.eatright.org/Member/NutritionInformation/8474_11365.cfm.
 - To access the Spokesperson Application, Spokesperson Profiles, and the Public Relations (PR) Handbook, go to the ADA Member-Only Web site and click Media at the top. Or, directly at <http://www.eatright.org/Member/Media/88.cfm>
- **Public Relations** - The Association's public relations activities promote dietetics professionals to the public, professional peers and legislators. The goal is to inform all audiences who the food and nutrition experts are and how to contact them.
 - For more information, access the ADA Member-Only Web site and click on Media or directly at <http://www.eatright.org/Member/Media/88.cfm>

EDUCATION – Stay informed and earn continuing professional education credit through conferences, workshops, journal articles, and the online education center

- **Annual Food & Nutrition Conference & Expo – October 22-25, 2005 – St. Louis, Missouri**
Broaden your knowledge and skills while connecting with your peers at this conference, which offers more than 100 cutting-edge education programs and networking functions. Members receive special rates for conference registration as well as member preferred pricing at the ADA Bookstore.
 - From the ADA Web site, click on Conference and Events on the left hand side, or directly at http://www.eatright.org/Member/index_11085.cfm
- **Center for Professional Development** - ADA offers many continuing education opportunities via the annual Food & Nutrition Conference & Expo, live phone tele-seminars and webinars, continuing education articles in the *Journal of the American Dietetic Association*, and through the many publications listed in the Products and Services Catalog. These opportunities allow dietetics professionals to be on the cutting edge of their profession and to be ready for the next career opportunity.
 - Access continuing education opportunities online by going to the ADA Member-Only Web site and click on Professional Development, or directly at <http://www.eatright.org/Member/ProfessionalDevelopment/76.cfm>
- **ADA's Book & Publication Catalog** - Turn to this resource for the latest in peer-reviewed and practice-related professional materials as well as a vast array of client and consumer education publications. Members receive preferred pricing on publications and other ADA products and services.
 - To access this information, go the ADA Member-Only Web site and click Product Catalog or directly at <http://www.eatright.org/Member/ProductCatalog/90.cfm>
- Maneuver successfully through the Medicare maze with ADA's member-only Web site—the quickest guide to becoming an MNT Medicare provider.

- From the Member-Only Web site, go to the Policy, Initiatives, and Advocacy tab at the top or directly at <http://www.eatright.org/Member/PolicyInitiatives/83.cfm>
- **Scholarships** - The Americana Dietetic Association Foundation helps to grow the dietetics profession through its scholarship program that encourages eligible students to enter the field and helps dietetics professionals enhance their career.
 - Visit the www.adaf.org or from the ADA Web site, click on Foundation on the side bar.

NETWORKING - An active community of professionals sharing knowledge, skills and ideas

- **Affiliate Dietetic Associations** – Members build partnerships and network with their colleagues at the state and district level. All ADA members receive automatic membership in an affiliate (state) association of their choice.
 - From the ADA Web site, click on ADA Groups on the left side panel or go directly to http://www.eatright.org/Public/ContinuingEducation/index_8140.cfm.
- **Dietetic Practice Groups** – These special interest groups enable members to improve their job performance, gain insight into specialized areas of food and nutrition, and network with colleagues by enrolling in one or more of these 29 different practice groups.
 - From the ADA Web site, click on ADA Groups on the left side panel or go directly to http://www.eatright.org/Public/index_8040.cfm

Clinical Nutrition Management	Management in Food and Nutrition Systems
Consultant Dietitians in Health Care Facilities	Nutrition Education for the Public
Diabetes Care and Education	Nutrition Educators of Health Professionals
Dietetic Educators of Practitioners	Nutrition Entrepreneurs
Dietetic Technicians in Practice	Nutrition in Complementary Care
Dietetics in Developmental and Psychiatric Disorders	Oncology Nutrition
Dietetics in Physical Medicine and Rehabilitation	Pediatric Nutrition
Dietitians in Business and Communication	Public Health/Community Nutrition
Medical Nutrition Practice Group	Renal Dietitians
Dietitians in Nutrition Support	Research
Food and Culinary Professionals	School Nutrition Services
Gerontological Nutritionists	Sports, Cardiovascular and Wellness Nutrition
HIV/AIDS	Vegetarian Nutrition
Hunger and Environmental Nutrition	Weight Management
Women's Health and Reproductive Nutrition	

- **Leadership Opportunities** - Leadership opportunities are also available to members who choose to become involved. Progressive responsibilities as a volunteer can also

positively support a professional in their work roles. ADA affiliates and dietetic practice groups (DPGs) have numerous opportunities for involvement.

- To access affiliate and DPGs pages click the ADA Groups tab on the left or go directly to http://www.eatright.org/Public/index_8040.cfm.
- To be considered for an ADA positions, go to the Governance Tab, Nominations/Elections, and click on Leadership Database, or click on http://www.eatright.org/Member/85_8064.cfm.

OPTIONAL MEMBER BENEFITS

- **PROFESSIONAL LIABILITY INSURANCE:** Administered by Marsh, a service of Seabury & Smith, available for private practice or traditional employment. Also a supplemental media-related plan designed exclusively to fill the gap between those exposures dietetics professionals face as a public speaker or author. Other insurance products are available to members, their spouses and families. Call 877-687-0845
- **HOMEOWNERS AND AUTO INSURANCE:** Members can save up to \$300 or more on auto, home and renter's insurance with Group Savings Plus[®] through Liberty Mutual. Call 800-230-0825
- **CREDIT CARD SERVICES:** MBNA America Bank[®] offers services ranging from the Platinum Plus[™] MasterCard[®] to the Student Preferred Credit Card. Call 800-877-7378
- **TRAVEL:** Avis[®] Rent a Car Systems, Inc. offers ADA members a rental discount. Call 800-331-1212 and provide ADA's AWD number, B773300
 - To access ADA's optional member benefits, go to the ADA Member-Only Web site and click on ADA Member Benefits/ADA Member Advantage Program, or go directly to http://www.eatright.org/Member/index_10101.cfm.