



Northern District Virginia Dietetic Association Presents:

Fresh, the Movie

The Health Professional's Role in Sustainable Food Systems

Sustainability and sustainable food systems are all the buzz. The Food Channel rated sustainability in the top ten food trends for 2010. Join us at the Arlington Arts Center for NDVDA's February 2010 Professional Development and Continuing Education event and learn what it's all about!

We'll be screening the acclaimed food systems film, Fresh. Following the film, join us for a panel discussion of the dietitian and health professional's role in creating and promoting sustainable food systems.

Featuring:

Lynda Fanning, MA, MPH, RD— Clinical Nutrition Manager, Morrison Healthcare; Charter Board Member, Virginia Food System Council; Past President, Virginia Dietetic Association.

Kelly Horton, MS, RD — Chair, Hunger and Environmental Nutrition Dietetic Practice Group; Health and Aging Policy Fellow; Owner and Principal, Connect Nutrition.

Program Objectives:

- To define and better understand what a sustainable food system is and what role a sustainable food system plays in health and welfare.
- To consider and discuss the participant's role, as a health professional and as an individual, in creating, promoting, and supporting sustainable food systems.
- To identify steps, actions, or activities that participants can engage in to promote and sustain a healthy, safe food system.



Questions? Contact Theresa Geldard at tgeldard@gmail.com or (315) 857-7391

Make it a Date!

Bring a non-dietetics friend, spouse, or other guest for only \$15 with paid member or non-member rate

Northern District Virginia Dietetic Association

Mail registration with check payable to NDVDA by February 16, 2010 to:

Nicole Brown
NDVDA Treasurer
6305 Cardinal Hill Place
Springfield, VA 22152

- _____ \$15 Student, Retired, or Guest
- _____ \$30 NDVDA Member Registration
- _____ \$40 Non NDVDA Member Registration
- _____ \$5 Late Registration Fee (postmarked after 2/16/2010)
- _____ Jeannette Hilger Scholarship
- _____ \$5 Suggested Donation
- _____ Virginia Dietetic Association Political Action Committee, \$5 Suggested Donation
- _____ NDVDA will match all VDA PAC donations
- _____ **Total Enclosed**

Name

Address

Phone

E-mail

Name of guest (with paid NDVDA or non-NDVDA member registration)

Arlington Arts Center
3550 Wilson Boulevard
Arlington, VA 22201
www.arlingtonartscenter.org

Thursday, February 25th

Agenda

- 7 pm: Registration and networking reception
- 7:30 pm: Movie begins
- 8:45 pm: Panel discussion
- 9:15 pm: Wrap-up and evaluations

Public transportation is encouraged as parking onsite is limited.

Metered and free street parking is available.

Metro: Take the orange line to Virginia Square/GMU. Arlington Arts Center is one block south at the corner of Wilson Blvd and Monroe St.

Bus: Metrobus 24P and ART line 24 buses stop directly in front of the Center.

Enter through the side door on the parking lot side of the building.

Light refreshments will be served.

2 CEUs requested